



Department of Veterans Affairs
Medical Center
4150 Clement Street
San Francisco CA 94121

In Reply Refer To:

22 September 2009

To whom it may concern:

This letter is to confirm that Mr. Joseph Christopher Rocha is a 28 year old, single, OIF veteran who suffered military sexual trauma in the navy during his 28 month service between November 2005 and May 2007 and was recently diagnosed with both major depressive disorder (MDD) and post-traumatic stress disorder (PTSD) at the San Francisco Veterans Administration.

Over the course of the months between June and September 2009, Mr. Rocha underwent an extended intake at the SFVA with Dr. Dona A. Tversky in the PTSD clinic in which his history and subsequent symptoms were explored. During this time, Mr. Rocha completed a "Life Events Checklist" as well as the Clinician Administered PTSD Scale (CAPS) for DSM-IV, the most validated and widely-used measure of PTSD.

Mr. Rocha's total score on the CAPS was a 90, indicating moderate to high level of PTSD symptoms. The primary traumatic events of Mr. Rocha's life center around his military sexual trauma and the suicide of his mentor with its legal and social sequelae. He suffers from difficulties in all of the PTSD symptom clusters, including re-experiencing, avoidance, emotional numbing, arousal and some degree of functional impairment.

A handwritten signature in black ink, appearing to read "Dona A. Tversky".

Dona A. Tversky, MD MPH